

# MUSIC FOR WELL-BEING MINOR

## Banner Code: MWB

A417 deLaski Performing Arts Building

Fairfax Campus

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Website: [music.gmu.edu/degree-programs/advising/](http://music.gmu.edu/degree-programs/advising/)

The minor is designed to allow participation by students with minimal formal musical training. The coursework allows students to explore the connections between music and consciousness and between vibration, mindfulness, and well-being.

MUSI 485 Chamber Ensembles (Mason Core)  
(<http://catalog.gmu.edu/mason-core/>)  
(Healing Arts Ensemble)

Total Credits 18

<sup>1</sup> Students demonstrating proficiency in keyboard, percussion, or guitar may substitute other MUSI 100-MUSI 499 courses at the discretion of the Program Coordinator.

<sup>2</sup> A grade of S (satisfactory) must be earned each semester

## Admissions & Policies

### Admissions

Admission to the Music for Well-Being minor is by interview with the minor coordinator.

### Policies

University policy states that students must earn 8 distinct credits that are not used for their major toward their minor, with a minimum grade of 2.00 earned in all courses applied to the minor. For policies governing all minors, see AP.5.3.4 Minors (<http://catalog.gmu.edu/policies/academic/undergraduate-policies/#ap-5-3-4>).

## Requirements

(Formerly MUWB)

### Minor Requirements

Total credits: 18

#### Coursework

Code	Title	Credits
MUSI 100	Fundamentals of Music (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	3
or MUSI 115	Introduction to Music Theory	
MUSI 101	Introduction to Classical Music (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	3
MUSI 171	Keyboard Skills I <sup>1</sup>	1
Two semesters of		
MUSI 300	Recital Attendance <sup>2</sup>	
MUSI 366	Class Percussion <sup>1</sup>	1
MUSI 367	Class Guitar <sup>1</sup>	1
MUSI 455	Music as a Healing Art	3
MUSI 477	Music and Consciousness	3
Three credits of		3