

# HUMAN DEVELOPMENT AND FAMILY SCIENCE MINOR

**Banner Code:** HDFS

## Academic Advising

Email: [HDFS@gmu.edu](mailto:HDFS@gmu.edu)

Website: <https://integrative.gmu.edu/programs/la-minor-la-hdfs>

This highly relevant and contemporary minor is a 15-credit interdisciplinary program designed especially for students who are interested in how individuals develop and how to improve the quality of life for families and communities. You'll explore the psychological, social, cultural, and biological development of individuals from conception through adulthood and aging, within the contexts of their families, communities, and the broader society.

The minor is an excellent complement to many majors at Mason. You will have the opportunity to learn from outstanding faculty who are dedicated to teaching and involved in cutting-edge research.

## Admissions & Policies

### Policies

Eight credits of coursework must be unique to the minor and students must complete all coursework with a minimum GPA of 2.00. For policies governing all minors, see AP.5.3.4 Minors (<http://catalog.gmu.edu/policies/academic/undergraduate-policies/#ap-5-3-4>).

## Requirements

### Minor Requirements

Total credits: minimum of 15

#### Core Course

Code	Title	Credits
HDFS 200	Individual and Family Development (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	3
HDFS 300	Individual and Family Services Delivery	3
Choose one course from the following:		3-4
HDFS 250	Family Financial Literacy and Resource Management	
HDFS 301	The Hospitalized Child and Family	
HDFS 302	Therapeutic Benefits of Play	
HDFS 400	Advanced Family Processes (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	
HDFS 401	Family Law and Public Policy	
HDFS 480	Special Topics in Human Development and Family Science	
HDFS 498	Internship and Analysis in Human Development and Family Science	
INTS 317	Issues in Family Relationships (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	

INTS 321	Parent-Child Relations (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	
INTS 434	Research for Social Change	
PSYC 211	Lifespan Development (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	
PSYC 301	Research Methods in Psychology	
PSYC 327	Psychology in the Community	
PSYC 427	Community Engagement for Social Change (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	
PSYC 466	Psychology of Intimate Relationships	
SOCI 303	Methods and Logic of Inquiry	
SOCI 309	Contemporary Families and Intimate Relationships	
Total Credits		9-10

### Electives

Code	Title	Credits
Elective choices follow career and professional interests. Elective courses are suggested by advisors and mentors and approved by the Academic Program Coordinator. See below for areas of focus.		6

#### Families and Individuals Across the Life Span

BIOL 124	Human Anatomy and Physiology
COMM 334	Family and Health Communication
CRIM 302	Delinquency and the Juvenile Justice System
CRIM 405	Law and Justice around the World (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
ECED 402	Foundations of Language and Literacy for Diverse Young Learners, Birth-Age 5
ECED 403	Inclusive Curriculum for Young Learners: Planning Instruction and Guidance
ECED 405	Introduction to Early Childhood Special Education
ECED 406	Medical and Developmental Aspects of Disabilities of Diverse Young Learners
ECED 422	Developing Language, Literacy, and Communication of Diverse Infants and Toddlers
ECED 423	Early Intervention for Infants Toddlers with Disabilities: Collaborative Consultative Approaches
EDUC 203	Disability in American Culture (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
ELED 258	Children's Literature for Teaching in Diverse Settings (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
GCH 480	Health Maintenance and Health Aspects of Aging
HAP 301	Health Care Delivery in the United States

HAP 403	Assisted Living/Senior Housing Management and Philosophy	SOCI 315	Contemporary Gender Relations (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
HAP 445	Introduction to Health Services Research	SOCI 360	Youth Culture and Society (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
HDFS 301	The Hospitalized Child and Family	SOCI 390	Sociology of Health, Illness, and Disability
HEAL 220	Dimensions of Mental Health	SOCW 415	Child and Family Welfare
HEAL 310	Drugs and Health	SOCW 435	Introduction to Gerontology
HEAL 327	Women's Health	WMST 300	Current Issues in Women and Gender Studies
HEAL 331	Men's Health	WMST 307	Women and Work
HEAL 351	Relationship Health	<b>Family Advocacy</b>	
HEAL 372	Health Communication	COMM 334	Family and Health Communication
HHS 432		EDUC 203	Disability in American Culture (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
INTS 310	Violence, Gender, and Sexuality	GCH 300	Introduction to Public Health
INTS 312	Images and Experiences of Childhood: Social Construct, Literature, and Film	GCH 310	Health Behavior Theories
INTS 314	Conflict, Trauma and Healing	GCH 332	Health and Disease
INTS 316	Introduction to Childhood Studies (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	GCH 350	Health Promotion and Education
INTS 317	Issues in Family Relationships (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	GCH 445	Social Determinants of Health
INTS 319	Contemporary Youth Studies (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	HAP 301	Health Care Delivery in the United States
INTS 405	Women and Leadership	HAP 445	Introduction to Health Services Research
INTS 410	Contemporary Health: Intersections in Science and Society (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	HEAL 110	Personal Health
INTS 436	Social Justice Education (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	HEAL 220	Dimensions of Mental Health
INTS 440	Death, Dying, and Decision Making	HEAL 230	Introduction to Health Behavior (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
NUTR 295	Introduction to Nutrition (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	HEAL 310	Drugs and Health
PSYC 231	Social Psychology (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	HEAL 325	Human Sexuality
PSYC 304	Principles of Learning	HEAL 327	Women's Health
PSYC 313	Child Development	HEAL 331	Men's Health
PSYC 314	Adolescent Development	HEAL 351	Relationship Health
PSYC 317	Cognitive Psychology	HEAL 372	Health Communication
PSYC 362	Psychology of Gender	INTS 314	Conflict, Trauma and Healing
PSYC 379	Applied Cross-Cultural Psychology (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	INTS 317	Issues in Family Relationships (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
PSYC 414	Behavior Disorders of Childhood	INTS 410	Contemporary Health: Intersections in Science and Society (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
PSYC 415	Psychological Factors in Aging	INTS 440	Death, Dying, and Decision Making
PSYC 418	Death, Dying, and Grieving	NUTR 422	Nutrition throughout the Life Cycle
PSYC 466	Psychology of Intimate Relationships	PSYC 379	Applied Cross-Cultural Psychology (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
SOCI 302	Sociology of Delinquency	PSYC 418	Death, Dying, and Grieving
SOCI 308	Race and Ethnicity in a Changing World (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )	PSYC 466	Psychology of Intimate Relationships
SOCI 309	Contemporary Families and Intimate Relationships	SOCI 308	Race and Ethnicity in a Changing World (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )
SOCI 310	Sociology of Deviance	SOCI 309	Contemporary Families and Intimate Relationships
		SOCI 355	Social Inequality (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )

SOCI 390	Sociology of Health, Illness, and Disability	STAT 350	Introductory Statistics II
WMST 300	Current Issues in Women and Gender Studies	Total Credits	6
<b>Research and Policy</b>			
CRIM 220	Introduction to Law and Society		
CRIM 405	Law and Justice around the World (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
GCH 376	Health Ethics, Leadership, and Advocacy		
GOVT 301	Public Law and the Judicial Process		
GOVT 318	Interest Groups, Lobbying, and the Political Process		
GOVT 353			
GOVT 364	Public Policy Making		
GOVT 366	Public Policy Analysis		
GOVT 407	Law and Society		
GOVT 414	Politics of Race and Gender		
GOVT 427	Feminist Political Thought		
GOVT 445	Human Rights		
HAP 301	Health Care Delivery in the United States		
HAP 312	Healthcare Law		
HAP 442	Introduction to Health Care Politics and Policy		
HAP 445	Introduction to Health Services Research		
INTS 317	Issues in Family Relationships (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
INTS 337	Social Justice Consciousness and Action		
INTS 362	Social Justice and Human Rights (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
INTS 405	Women and Leadership		
PSYC 362	Psychology of Gender		
PSYC 379	Applied Cross-Cultural Psychology (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
PSYC 466	Psychology of Intimate Relationships		
SOCI 308	Race and Ethnicity in a Changing World (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
SOCI 309	Contemporary Families and Intimate Relationships		
SOCI 312	Qualitative Research Methods		
SOCI 315	Contemporary Gender Relations (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
SOCI 355	Social Inequality (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		
SOCW 380	Changing Social Policies and Systems		
SOCW 400	Legal and Ethical Issues in Human Services		
STAT 250	Introductory Statistics I (Mason Core) ( <a href="http://catalog.gmu.edu/mason-core/">http://catalog.gmu.edu/mason-core/</a> )		