

COACHING MINOR

Banner Code: COCH

Academic Advising

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This minor has been designed for Mason students interested in the coaching profession at all age and ability levels, including future high school teachers who also want to coach. With this selection of courses, students will be introduced to foundational concepts in sport psychology, philosophy, pedagogy, nutrition, athletic training and physiology as well as important sport industry business concepts. Coaching minors will complete their work with a field experience in sport coaching.

This minor is available to all Mason undergraduate students.

Admissions & Policies

Policies

Eight credits of coursework must be unique to the minor and students must complete all coursework with a minimum GPA of 2.00. For policies governing all minors, see AP.5.3.4 Minors (<http://catalog.gmu.edu/policies/academic/undergraduate-policies/#ap-5-3-4>).

Requirements

Minor Requirements

Total credits: 17-18

Coursework

Code	Title	Credits
Choose one from the following:		2-3
ATEP 120	First Aid and Emergency Care	
ATEP 203	Prevention, Recognition, and Management of Athletic and Fitness Related Injuries	
KINE 200	Methods of Exercise Instruction	
PHED 276	Health-Related Fitness Education	
PHED 306	Psychomotor Learning	3
SPMT 201	Introduction to Sport Management	3
SPMT 210	Foundations of Sport Coaching	3
SPMT 320	Psychology of Sport	3
SPMT 341	Field Experience in Sport Coaching	3
Total Credits		17-18