

PHYSICAL EDUCATION, BSED

Banner Code: E1-BSED-PHED

Academic Advising

Phone: 703-993-2096

Email: phed@gmu.edu

Website: <https://education.gmu.edu/health-and-physical-education/>

Overview

Completing this degree fulfills requirements for licensure in Health and Physical Education (PK-12) in Virginia. Students complete a student teaching experience in their final semester.

Admissions & Policies

Admissions

Four-Year Students

Students entering as freshmen with an interest in majoring in physical education will initially be accepted with BPRE status (Pre-Bachelor in Health and Physical Education). Students must successfully complete a minimum of 45 credits and attain a cumulative GPA of 2.50 to apply to the BSED in Physical Education Program. In addition:

- have earned passing grades in
 - BIOL 124 Human Anatomy and Physiology
 - BIOL 125 Human Anatomy and Physiology
 - PHED 202 Teaching Skillful Movement C or better
- have earned at least 10 professional points (<https://rht.gmu.edu/health-and-physical-education/professional-development-plan/>).

Degree-Seeking Transfer Students

Transfer students can apply for BSED status by having:

- earned a minimum of 45 credits from their previous institution with a cumulative GPA of 2.50 or by completing 12 credits at Mason with a minimum of a 2.50 GPA;
- have earned passing grades in
 - BIOL 124 Human Anatomy and Physiology
 - BIOL 125 Human Anatomy and Physiology
 - PHED 202 Teaching Skillful Movement C or better
- earned at least 10 professional points (<https://rht.gmu.edu/health-and-physical-education/professional-development-plan/>).

Policies

For policies governing all undergraduate degrees, see the AP.5 Undergraduate Policies (<http://catalog.gmu.edu/policies/academic/undergraduate-policies/>) section of the catalog.

Student Teaching Internship

To enroll in PHED 415 Student Teaching in Physical Education (Mason Core) (<http://catalog.gmu.edu/mason-core/>), physical education majors must:

- have a minimum 2.50 GPA in the last 60 credits of coursework
- have passed and electronically submitted test scores for the VCLA and PRAXIS II exams to George Mason University and provide a paper copy of the test scores to the internship coordinator
- have satisfactorily completed all required Mason core and professional concentration courses
- have successfully completed an emergency First Aid, CPR and AED certification or training.

The application must be completed one full semester before taking PHED 415 Student Teaching in Physical Education (Mason Core) (<http://catalog.gmu.edu/mason-core/>). Application deadlines are listed below and forms are located online (http://rht.gmu.edu/programs/phed/student_teaching/).

Application Deadlines

- Fall Semester—February 1
- Spring Semester—September 1

Requirements

Degree Requirements

Total credits: 120

Mason Core

Code	Title	Credits
	Written Communication (http://catalog.gmu.edu/mason-core/#written)	6
	Oral Communication (http://catalog.gmu.edu/mason-core/#oral)	3
	Information Technology (http://catalog.gmu.edu/mason-core/#information-technology)	3
	Quantitative Reasoning (http://catalog.gmu.edu/mason-core/#quantitative)	3
MATH 106	Quantitative Reasoning (Mason Core) (http://catalog.gmu.edu/mason-core/) (recommended course)	
	Literature (http://catalog.gmu.edu/mason-core/#literature)	3
	Arts (http://catalog.gmu.edu/mason-core/#arts)	3
	Global History (http://catalog.gmu.edu/mason-core/#global-history)	3
	Social and Behavioral Sciences (http://catalog.gmu.edu/mason-core/#social-behavioral-science)	3
	Global Understanding (http://catalog.gmu.edu/mason-core/#global)	3
	Natural Science:	
BIOL 124	Human Anatomy and Physiology	4
BIOL 125	Human Anatomy and Physiology	4
	Synthesis/Capstone ¹	
Total Credits		38

1

Fulfilled by PHED 415 Student Teaching in Physical Education (Mason Core) (<http://catalog.gmu.edu/mason-core/>), listed below in professional sequence.

Professional Sequence

Note: Students are not permitted to enroll in HEAL 405 Teaching Methods in Health Education (K-12), PHED 308 Adapted Physical Education, PHED 403 Elementary School Instruction in Physical Education, PHED 404 Middle and High School Instruction in Physical Education, and PHED 415 Student Teaching in Physical Education (Mason Core) (<http://catalog.gmu.edu/mason-core/>), until they have met all BSEd application requirements.

Code	Title	Credits
ATEP 300	Functional Anatomy	3
EDRD 300	Literacy in Fine Arts, Health, and Physical Education	3
EDUC 302	Human Growth and Development	3
HEAL 110	Personal Health	3
HEAL 200	School and Community Safety	1
HEAL 250	Introduction to School Health	3
HEAL 405	Teaching Methods in Health Education (K-12) ¹	3
KINE 310	Exercise Physiology I	3
PHED 202	Teaching Skillful Movement ¹	3
PHED 218	Technology in Health and Physical Education	3
PHED 273	Net and Target Games	3
PHED 274	Dance and Educational Gymnastics	3
PHED 275	Field and Invasion Games	3
PHED 276	Health-Related Fitness Education	3
PHED 306	Psychomotor Learning	3
PHED 308	Adapted Physical Education ¹	3
PHED 320	Student Assessment in Health and Physical Education	3
PHED 340	Social and Cultural Issues in Physical Education (Satisfies the university Writing Intensive requirement)	3
PHED 403	Elementary School Instruction in Physical Education ¹	3
PHED 404	Middle and High School Instruction in Physical Education ¹	3
PHED 415	Student Teaching in Physical Education (Mason Core) (http://catalog.gmu.edu/mason-core/) ²	12
RMGT 316	Leadership and Outdoor Education	3
Select 9 credits in electives.		9
Total Credits		82

1

Requires a grade of C or better.

2

Students must complete student teaching (PHED 415 Student Teaching in Physical Education (Mason Core) (<http://catalog.gmu.edu/mason-core/>) within 5 years of completing PHED 202 Teaching Skillful Movement. If more than five years has lapsed from taking PHED 202 Teaching Skillful Movement and student teaching (PHED 415 Student Teaching in Physical Education (Mason Core) (<http://catalog.gmu.edu/mason-core/>), students will have to retake this foundational course before they can student-teach.

Professional Development

Students must earn at least 10 professional development points (<https://rht.gmu.edu/health-and-physical-education/professional-development-plan/>) to achieve BSEd status and 20 additional points to apply for student teaching. Professional development points may be earned by attending or volunteering at various events and activities.